



Food + Pharmacy Shopping Schedule

TUESDAY 14 APRIL - SATURDAY 18 APRIL

Food Stores

Alphabetical food shopping schedule temporarily suspended

GENERAL PUBLIC

TUESDAY - FRIDAY, 6AM - 7PM

6AM - 8AM reserved for Seniors (60 & older)
and persons with disabilities.

ESSENTIAL WORKERS

SATURDAY, 6AM - 6PM

6AM - 12 NOON: Health Professionals, RBPF, RBDF, Clearing Banks,
Wholesale Food Distributors

12 NOON - 6PM: Core Utilities (water, electricity, communications), Media,
Security Companies, Department of Correctional Services, Customs,
Immigration, Social Services, Environmental Health Services, Waste
Disposal and Sanitation, Fire Services, NIB



Pharmacy

GENERAL PUBLIC

TUESDAY - FRIDAY, 9AM - 3PM

ESSENTIAL WORKERS

SATURDAY, 9AM - 3PM



Shopping tips

- ✓ WEAR A MASK
- ✓ TAKE A LIST
- ✓ PRACTICE PHYSICAL DISTANCING

*Please note: Lockdown effective Friday 17 April 9PM - Monday 20 April 5AM
(with the exception of shopping for essential workers only on Saturday 18 April as outlined above)*